

## Living Well Community Workshops - 2010

**To REGISTER for a workshop: Use the telephone or email contact listed in the table.**  
 For additional questions, you may contact Anne Hvizdak at 715-677-3037 or [anne.hvizdak@wisconsin.gov](mailto:anne.hvizdak@wisconsin.gov).

Starting Date	Time	Location of Workshop	Address	City	Telephone	E-Mail	Workshop Cost \$
8/31/2010	6-8:30 pm	Froedert and The Medical College of WI, Neurology Conference Room	9200 W. Wisconsin Avenue	Milwaukee	Vicki-414-805-8326	<a href="mailto:vconte@mcw.edu">vconte@mcw.edu</a>	none, \$20 to keep the book
9/1/2010	6-8:30	Froedert and The Medical College of WI, Neurology Conference Room	9200 W. Wisconsin Avenue	Milwaukee	Vicki-414-805-8326	<a href="mailto:vconte@mcw.edu">vconte@mcw.edu</a>	none, book \$20
9/1/2010	6-8:30	Community Conference Center, Room 1	87th & Watertown Plank Road	Milwaukee	Vicki-414-805-8326	<a href="mailto:vconte@mcw.edu">vconte@mcw.edu</a>	\$10, \$20 for book and class
9/1/2010	6-8:30	Community Conference Center, Room 2	87th & Watertown Plank Road	Milwaukee	Lynn-414-254-1179	<a href="mailto:wislynn@aol.com">wislynn@aol.com</a>	\$10, \$20 for book and class
9/2/2010	9-11:30 am	Mercy Medical Center	500 S Oakwood Road	Oshkosh	Sarah-920-720-1658	<a href="mailto:rakwwtp@dotnet.com">rakwwtp@dotnet.com</a>	none, book \$20 to purchase
9/2/2010	2:30-5 pm	Lakeland Manor	201 2nd Avenue	Shell Lake	Billie-715-635-7045	<a href="mailto:missionbillie@gmail.com">missionbillie@gmail.com</a>	none
9/7/2010	1:30-4 pm	Howard Village	2500 E. Howard Ave	Milwaukee	Marcia-414-288-5288	<a href="mailto:marcia.isherwood@marquette.edu">marcia.isherwood@marquette.edu</a>	\$10
9/8/2010	9:3-noon	UWEX Waupaca, Room 1037	811 Harding Street	Waupaca	Deb-715-942-1437	<a href="mailto:debrab@bethany-home.com">debrab@bethany-home.com</a>	\$10

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9/8/2010	2-4:30 pm	Scenic Bluffs Community Health Centers	238 Front St	Cashton	Anne-608-654-5100x271	<a href="mailto:aheath@scenicbluffs.org">aheath@scenicbluffs.org</a>	book \$20 to keep. To rent, \$5
9/8/2010	5:30-8 pm	Network Health Plan Board Room	1570 Midway Place	Menasha	Sarah-920-720-1658	<a href="mailto:tonya.benbo@networkhealth.com">tonya.benbo@networkhealth.com</a>	\$20
9/8/2010	5:30-8 pm	Mercy Medical Center	500 S Oakwood Road	Oshkosh	Sarah-920-720-1658	<a href="mailto:bbarth3@new.rr.com">bbarth3@new.rr.com</a>	none, book \$20
9/8/2010	3-5:30 pm	Bethany Home Chapel	1226 Berlin Street	Waupaca	Deb-715-942-1437	<a href="mailto:debrab@bethany-home.com">debrab@bethany-home.com</a>	\$10
9/8/2010	10-12:30	Forest Ridge Retirement Community	11077 W. Forest Ave.	Hales Corners	Mary-414-425-1148	<a href="mailto:omalleysally@hotmail.com">omalleysally@hotmail.com</a>	none, \$20 to keep the book
9/9/2010	6-8:30 pm	Network Health Plan	1570 Midway Place	Menasha	Sarah-920-720-1658	<a href="mailto:tonya.benbo@networkhealth.com">tonya.benbo@networkhealth.com</a>	none, book \$20
9/10/2010	9:30-noon	Berlin Public Library	W Park Ave	Berlin	Heather-920-787-0404	<a href="mailto:shannonr.courthouse@co.waushara.wi.us">shannonr.courthouse@co.waushara.wi.us</a>	suggested donation \$10
9/13/2010	9:30-noon	Odana Atrium Clinic	5618 Odana Rd	Madison	Ethel-608-238-8751	<a href="mailto:Sedun2@sbcglobal.net">Sedun2@sbcglobal.net</a>	\$20 to use. \$15 returned at last session. Scholarships avail.
9/13/2010	8:30-11 am	Froedert Hospital, 6NT Conference Room	9200 W Wisconsin Avenue	Milwaukee	Community Education-414-805-3666	<a href="mailto:mmesslin@fmh.edu">mmesslin@fmh.edu</a>	Free, book \$20
9/13/2010	1-3 pm	Muskego Regency	W181 S8540 Lodge Blvd	Muskego	Muskego Regency-262-679-0888	<a href="mailto:kateolszewski@att.net">kateolszewski@att.net</a>	none, \$20 to keep the book

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9/15/2010	1-3:30 pm	Russell Manor, Lower Level Recreation Room	504 Russell Drive	Ripon	Marion-920-929-3114	<a href="mailto:marion.schuenemann@fdlco.wi.gov">marion.schuenemann@fdlco.wi.gov</a>	none
9/16/2010	6-8:30 pm	Affinity Medical Group	W6981 Park View Drive	Greenville	Jan-920-720-1651	<a href="mailto:icobia@networkhealth.com">icobia@networkhealth.com</a>	none
9/20/2010	1-3 pm	Lasata Crossings	W 79 N673 Wauwatosa Road	Cedarburg	Mary-262-284-8120	<a href="mailto:mferrell@co.ozaukee.wi.us">mferrell@co.ozaukee.wi.us</a>	\$10 donation
9/21/2010	3-5:30 pm	Lincoln Center	1519 Water Street	Stevens Point	Kathy-715-346-1401	<a href="mailto:barb.feltz@charter.net">barb.feltz@charter.net</a>	10
9/21/2010	4:30-7 pm	St. Bernard's Catholic Church	2015 Parmenter St	Middleton	Kathy-608-662-7687	<a href="mailto:klauer@ci.middleton.wi.us">klauer@ci.middleton.wi.us</a>	book \$20 to use, \$15 reimb. at last session
9/22/2010	1-3:30	St. Mary's Duluth Clinic - Superior	3500 Tower Ave	Superior	Sherry-715-817-7632	<a href="mailto:sdoskey@smdc.org">sdoskey@smdc.org</a>	none
9/22/2010	3:30-5:30	Baldwin Area Medical Center, Mattison Room	730 10th Ave.	Baldwin	Chris-715-684-8675	<a href="mailto:christineveenendall@yahoo.com">christineveenendall@yahoo.com</a>	none
9/23/2010	1:3-4 pm	Luther Manor	4535 N 92nd St	Milwaukee	Linda-414-464-3880ext 562	<a href="mailto:lmoscicki@lutermanor.org">lmoscicki@lutermanor.org</a>	20
9/24/2010	9-11:30 am	West Allis Senior Center	7001 W National Ave	West Allis	Denise-414-302-8700	<a href="mailto:ppipia@ci.west-allis.wi.us">ppipia@ci.west-allis.wi.us</a>	none, \$20 to keep the book
9/28/2010	0.5416667	Ebenezer Evangelical Free Church	3102 S 43rd Street	Milwaukee	Christy-414-881-1666	<a href="mailto:ctymurph@sbcglobal.net">ctymurph@sbcglobal.net</a>	none
10/4/2010	1-3:30 pm	ADRC-CW, Wellness Room	1000 Lakeview Drive	Wausau	Peggy-715-261-6084	<a href="mailto:peggy.kurth@mail.co.marathon.wi.us">peggy.kurth@mail.co.marathon.wi.us</a>	10

Starting Date	Time	Location of Workshop	Address	City	Telephone	E-Mail	Workshop Cost \$
10/6/2010	10:30-1	Clinton Rose Senior Center	3045 N MLK Dr	Milwaukee	Carolyn-414-263-2255	<a href="#">n/a</a>	none, \$20 to keep the book
10/6/2010	9-11:30 am	Kewaunee County Aging Services Unit	915 Second Street	Kewaunee	Debbie-920-680-6139	<a href="mailto:bschad@tm.net">bschad@tm.net</a>	?
10/7/2010	1-? pm	Whitewater Senior Center	504 W. Starin Road	Whitewater	Kyla-262-741-3333	<a href="mailto:kformella@co.walworth.wi.us">kformella@co.walworth.wi.us</a>	free, \$20 for the book
10/11/2010	1-3:30	Good Shepherd Lutheran Church	502 W McMillan St	Marshfield	Ciara-715-424-8468	<a href="mailto:ciara.schultz@co.marathon.wi.us">ciara.schultz@co.marathon.wi.us</a>	10
10/13/2010	1-3:30 pm	Stoughton Senior Center	248 W Main St	Stoughton	Siv-608-839-3512	<a href="mailto:ispgould@verison.net">ispgould@verison.net</a>	Book \$20, Pay up front at first session. Can return book at the end for \$15 refund. Scholarships avail.
10/25/2010	8:30-11 am	Froedert Hospital, 6NT Conference Room	9200 W Wisconsin Avenue	Milwaukee	Community Education-414-805-3666	<a href="mailto:mmesslin@fmlh.edu">mmesslin@fmlh.edu</a>	Free, book \$20
11/1/2010	1:30-4 pm	Small Stones Wellness Center	17145 W. Bluemound Road	Brookfield	Vicki-414-805-8326	<a href="mailto:vconte@mcw.edu">vconte@mcw.edu</a>	none, book \$20
11/3/2010	6-8:30 pm	Froederdt Hospital Community Conference Center	8700 W. Watertown Plank Road	Wauwatosa	Vicki-414-805-8326	<a href="mailto:vconte@mcw.edu">vconte@mcw.edu</a>	none

Date last revised: 8-23-10